

## **Sarah Russell**



Sarah Russell is Nurse Consultant and Trust Lead for Palliative and End of Life Care at Portsmouth Hospitals University NHS Trust. Sarah has nearly 30 years experience of working in palliative and end of life care in the hospital, community, hospice and care home setting in local, regional and national roles. She trained at Guys and Lewisham School of Nursing and quickly knew that palliative and end of life care was the career for her because of the influence of strong, compassionate, knowledgeable nurses. Sarah completed her MSc in Community Health Care in the 1994 and her Professional Doctorate in Health Care Research in 2016. She has published widely on a variety of topics including advance care planning, communication skills, and dementia care.

Sarah is Visiting Clinical Reader at the University of Surrey, Visiting Fellow at the University of Southampton and Non Executive Director as Social Finance, End of Life Integrator.

Sarah was awarded a Florence Nightingale Foundation Travel scholarship in 2018, visiting the island of Ireland and New Zealand to explore hospice research, dementia, end of life care, knowledge mobilisation and outcome measures. Her scholarship was life changing and she highly recommends applying for them.

Sarah can sometimes be found on Twitter as @LearnPEOLC