Sarah Scales

I am a digital nurse and have been in this role for nearly 3 years. My speciality is in paediatrics and most recently I have been leading the digital implementation of National Paediatric Early Warning Score (PEWS) into Royal Alexandra Children's Hospital, Brighton. My background is 15 years' experience working in Paediatric nursing in both the acute and community sector. I originally wanted to be an RAF nurse and then decided to go down the path of Paediatrics, as I enjoyed caring for children and felt I could make a difference to their journey in hospital.

My manager encouraged me to apply for a course in 'Early Digital Leadership' through the Florence Nightingale Foundation and I was given three days study leave to attend the residential in London. The course offered me the opportunity to develop and progress in my field of practice. The main emphasis was on leadership and the sessions provided a space to network with other health professionals from all over the country. The course was fully funded and counted towards my continuing professional development.