

## Rebecca Aylward



Rebecca is one of the 2020, Senior Leader scholars

Rebecca qualified in 1989, from London Hospital Whitechapel. She has also worked at Guys Hospital, Baxter Healthcare Ltd and Cwm Taff University Health Board. She gained a MSc Healthcare management from University of Wales Swansea and has a Diploma in Counselling.

Rebecca is currently Director of Nursing at Cardiff & Vale UHB, and has extensive operational experience in the delivery of acute and community services. Improving the experience of patients and staff is her main focus; with a focus to improve quality of care, quality assurance and quality improvement. Rebecca strives to be a compassionate and authentic Leader, with a keen interest in mentoring and coaching. Rebecca utilised her scholarship funds to undertake Leading in High Stakes, coaching and Coaching through Childhood stories. Rebecca is also a mentor for the Bevan Commission, Bevan Exemplar programme. In 2018, Rebecca was winner of the Chief Nursing Officer for Wales Royal College of Nursing, Nurse of the Year award in recognition of her Leadership in taking forward patient centred care in Wales.

Rebecca describes the Scholarship programme to have enabled her to be brave and bold, she has grown as a Leader and has been energised to release her potential and continue with promoting Nursing and improving the care of our patients and each other.