

Carrie Ridley



I am the Lead Research Nurse at University Hospitals Sussex NHS Foundation Trust. I lead the teams of nurses and midwives across our Trust to support our patients to participate in clinical trials alongside their clinical care. Not only is it highly rewarding to make a vital contribution to the evidence base underpinning our clinical practice, it is also very motivating when this enables our patients to access research treatments which have a positive impact on their lives. I am keen to raise the profile of clinical research nurses/midwives and the fantastic job they do.

The FNF Scholarship helped further my leadership skills and has given me extra tools to have the vision and gravitas to strategically develop the work I do with my teams. Furthermore, the scholarship gave me a network of peers who are all aligned in their mission to improve the experience for our patients. It has been the most inspiring and impactful thing I have done in my Senior Leadership career.