



Florence Nightingale Foundation Alumni Association Magazine

Issue 5 Spring/Summer 2017



In this issue:

Introduction from new CEO Ursula Ward
Presentation of Certificates
FNF Annual Conference and Gala Dinner
Alumni interviews, and more...!

Welcome



Ursula Ward, new Chief Executive of The Florence Nightingale Foundation, says hello.

I am truly delighted to welcome you to this edition of the Florence Nightingale Foundation Alumni Association magazine as the new Chief Executive. By way of background, I completed my Nurse training in 1985 and have had a variety of roles prior to my appointment as Director of Nursing and Midwifery in Portsmouth Hospitals in 1999. I then spent twelve years as Chief Executive in the same Trust until May 2016.

I first chose to enter the nursing profession as a result of my experiences working as a Health Care Assistant when I left secondary school. The unique and privileged position that nurses have in caring for people at various stages of their illness became clear to me very early on: essential nursing care, including the ability to communicate effectively, and yet in an open, honest and compassionate way, has a huge impact on the patient and their families in terms of trust and confidence.

I applied for the position of FNF CEO for two principal reasons: firstly, I wanted to work with an organisation which aligned with my personal values and secondly, having started my career as a nurse, I wanted to be a position where I could continue to support and promote the development of nursing and midwifery leadership.

Since being in post I have had the opportunity to meet with many scholars who have described to me the life-changing experiences of their FNF scholarships. Many of our scholars have, as a result of this, developed both personally and professionally beyond their initial expectations. I was also struck by their desire to give something back to the

Foundation and this is something I intend to focus on going forward.

Improving clinical outcomes for patients is dependent on delivering care that is relevant and evidence based. The creation of the Clinical Research Chairs illustrates how nursing and midwifery can both lead and participate in high quality research contributing to the national body of evidence.

The practice of nursing is increasingly complex and delivered across a range of settings. Through our leadership scholarships, the Foundation aims to support nurses and midwives so that they feel confident to speak with an independent voice and influence policy and decision making. The Foundation will continuously review how best to support nurses and midwives going forward.

The Alumni Association was set up in 2014 in order to bring our scholars together by way of supporting each other and sharing good practice and experience. I am especially keen to be able to build relationships with our scholars and I see the Alumni Association as a way of doing this. The Foundation has achieved so much to date and I would like to work with you all to understand from you how we build on the huge successes to date. I have agreed with my Executive Board that we will consider our strategy going forward in October of this year so that we are clearly focused on the activities that will continue to promote nursing and midwifery. There will also be the opportunity to hear your views at the Alumni event which will be held in the West Midlands this autumn. I look forward to moulding the future of the Alumni Association in partnership with you, as well as sharing and discussing how you can contribute to future programmes and inspire the next generations of scholars.

Contents

- Introduction from new CEO P2
- Foundation News P3
- Commissioned Programmes P3
- Presentation of Certificates P4
- Conference & Gala Dinner P5
- Q&A FNF Chair Prof Candy McCabe P6
- Valerie Freestone, Travel Scholar Interview P7
- April Brown, Leadership Scholar Interview P8
- Natasha Duke, Research Scholar Interview P9
- Alumni Involvement P10

Spring 2017 News



Launch of My Mind App

Since winning the FNF-sponsored Nursing Times Rising Star Award in 2014, Emma Selby has just finished developing 'My Mind', an innovative new app for young people with mental health conditions: www.nelft.nhs.uk/my-mind.



Thanks & Good Luck to FNF Chair

Professor Lesley Baillie, our first FNF Chair, is moving on to pastures new after four great years with FNF. She thanked us for 'a very interesting and inspiring few years in the post with wonderful opportunities'. We wish Lesley all the best for the future.



Alumni Association Update

Exciting developments - in response to feedback we have modernised by replacing our old website with our new members-only Facebook forum: www.facebook.com/groups/TheFNFalumni. Next, watch this space for an Alumni event in autumn 2017!



#FNF17 Poster Competition

Arlene Wellman, FNF scholar, impressed judges of the Edna Reed Care Improvement Project Poster Competition with her poster on the 'Elimination of Hospital Acquired Pressure Ulcers'. View it at: www.florenceightingale.glasgows.co.uk/#competition.

2017/18 Scholarship applications are now open

Don't miss out - APPLY NOW! Visit our website for more information: www.florence-nightingale-foundation.org.uk. Closing deadlines: Research: 18/5/17, Travel: 21/7/17, Leadership: 11/9/17.

Commissioned Programmes

Our portfolio of commissioned programmes continues to grow. More than 600 nurses and midwives in the UK and Ireland have now completed one of our programmes. Our programmes are grounded in core professional values, they use experiential learning techniques and are highly interactive. Participants are given a range of practical tools and techniques to enhance their skills and effectiveness. All programmes are delivered by world class facilitators with nursing and midwifery backgrounds. Programmes are deliberately designed to require limited time out from practice and are highly cost effective. They draw on the collective wisdom, insights and experiences of the Florence Nightingale Foundation and our extensive pool of Associates and Alumni to build national and international networks and promote cross-organisational learning. Participants describe our programmes as challenging and re-energising:

"I have been able to reflect on why I came into nursing in the first place, took myself back to basics and remembered the service user at the heart of my practice at all times. Sometimes other things take over and you forget the basic things that motivate you and your team. I have developed myself personally in terms of learning about myself and how I impact on my team, equally how they impact on me."

"I learned a lot about myself. I learned that learning never ends and that health care is always changing and always will and that the challenges can be addressed with the use of some good tools. I also

learned again about the professionalism of nursing and the importance of nursing – and how we can change things. Since doing this course I have now decided to do my Masters in Health Care Management – so thank you all so much for inspiring me and being the great nursing leaders that you are".

Successive evaluations designed to capture the perspectives of stakeholders emphasise:

- the impact of our programmes on participants, their teams and their practice;
- the value of the practical skills they offer that participants can use at work to effect change; and
- how our programmes strengthen participants' personal resilience and expand their professional networks.

Interested in commissioning a program?

E-mail: compassion@florence-nightingale-foundation.org.uk



Presentation of Certificates of Completion, 5th December 2016



On Monday 5th December we welcomed scholars, sponsors and trustees to our biennial Presentation of Certificates ceremony at The Governors' Hall, St Thomas Hospital, London. Scholars who had completed their scholarships in the previous two years were awarded their certificate and FNF badge.

Leadership, Research and Travel scholars gathered in The Governor's Hall at St Thomas' Hospital to receive their certificates of completion and FNF badges from our Chairman, Bryan Sanderson CBE and President, Baroness Watkins of Tavistock. As ever, it was a wonderful event, reflecting the pride and hard work of our scholars. This year was especially moving as both the past and future of nursing were highlighted and celebrated due to the new venue, with scholars receiving their certificates in the very hospital where Florence Nightingale herself famously once worked. We were very grateful to the London Network for Nurses and Midwives for sponsoring the event and to the British Journal of Nursing (BJN) for printing the ceremonial booklet.

After a networking lunch during which scholars were able to reconnect with one another, meet their sponsors and speak with FNF Trustees, our Chairman, Bryan Sanderson CBE invited all guests to be seated and the ceremony began. Our President, Baroness Watkins of Tavistock, then gave a compelling speech on the integrity of nursing which set the tone wonderfully for the ceremony that followed.

In between scholars receiving their certificates and FNF badges, four scholars delivered presentations on their work. Leadership scholars [Iain Beith](#) and [Joanna McCormick](#) demonstrated the huge impact that their award had had on them both professionally and personally. [Joy Darch](#), a Research scholar who recently gained her Doctorate, gave us insight into her project and outlined how the Foundation's belief in her research was a key factor in getting it off the ground. Finally, Travel scholar [Dorcas Gwata](#) outlined her study tour to Zimbabwe. Dorcas said that the scholarship 'changed her life' and by hearing more about her work with children and young people in gangs in Westminster, it was evident that she was changing others' lives on a daily basis, too.

At the end of the ceremony, former Chief Executive of The Florence Nightingale Foundation, Professor [Elizabeth Robb](#) OBE, gave her closing remarks. Professor Robb's pride in all the scholars was abundantly clear: compelling everyone in the room to "never let your memories be bigger than your dreams", she urged us all to keep growing and developing and seeking

challenges. It was a fantastic occasion and the talent of all our scholars shone through. We look forward to welcoming them all to the Florence Nightingale Foundation Alumni Association, and to the 2018 Presentation of Certificates.



Rewards and Recognition: Proud scholars received their badges and certificates at our 2016 Presentation of Certificates. They also had the opportunity to network and engage with one another. To learn more, watch "FNF Scholars: What my scholarship meant for me" on our YouTube page: <https://www.youtube.com/watch?v=k2LgCKvLhFM&t=115s>

Florence Nightingale Foundation 7th Annual Conference and Gala Dinner



On Friday 3rd February 2017, we had our Annual Conference and Gala Dinner at the atmospheric Guoman Tower Hotel, London. The theme was “In It Together: Connections, Networks and Alliances.”

Opening speaker **Jo Malone MBE**, Founder, Jo Malone London and Jo Loves, spoke of the highs and lows she has faced in both her personal and professional lives and left the enthralled audience feeling ready to take on the world as **Catrin Pugh**, 96%

“First of all, thank you for everything you do and for everyone you save because it matters.”

- Jo Malone

Burns Survivor and Inspirational Speaker, took the stage. Catrin’s story stressed just how much a life can change in the space of a day. She left listeners with an intense pride in their professions, reminded of exactly why they do what they do.

Later, **Jonny Guy Lewis**, from RADA in Business, led an interactive session on how to create impact in the workplace. **Denise Chaffer**, from NHSLA, delivered a session based on her book *Effective Leadership, A Cure for the NHS?* which explored the importance of good leadership in the NHS. Finally, **Dionne Levy**, a perinatal mental health midwife who won the Nursing Times Rising Star Award in 2016, spoke passionately about how she saw and transformed a gap in the service, providing necessary care to vulnerable pregnant women with mental illnesses.

The twelve masterclasses and fringe sessions on offer varied hugely and were all extremely popular. These ranged

from Professor **Jane Reid**’s ‘Why Shortcuts and Workarounds Harm Patients and Cost Lives’ which highlighted common deviations in nursing that undermine the quality of patient care, to **Stacy Johnson**’s ‘Reverse Mentoring for Equality, Diversity and Inclusion in the NHS’ on the use of reverse mentoring to improve inclusivity within the NHS, to **Elaine Inglesby-Burke**’s ‘Creating and Motivating Great Teams’ which explored different strategies used to build and engage teams. The masterclasses covered all areas of practice and the conference theme was a thread running throughout as they all shared best practice and practical innovations in healthcare.

Professor **Elizabeth Robb** closed her seventh and final conference as FNF CEO. In a rousing speech, she urged her listeners to ‘do things differently’, and the response from the audience was phenomenal.

The Gala Dinner took place later that evening, and guests ate, drank and danced the night away surrounded by stunning views of the picturesque Tower Bridge. The fundraising raffle was again hugely successful, enabling the Foundation to continue doing what it does best and making a difference to patient care.

“It makes me feel proud and honoured to be a nurse.”

- Delegate Feedback



Learn and Let Loose: During the day, over 330 people attended our Conference. Sharon Blackburn CBE presented on Health and Social Care Integration at the conference. In the evening, over 220 people had the chance to dance at our Gala Dinner.

FNF Chair in Clinical Nursing Practice Research

Professor Candy McCabe



Since January 2015, Professor Candy McCabe has held the Florence Nightingale Foundation Chair in Clinical Nursing Practice Research position at the Royal United Hospitals NHS Foundation Trust, Bath and the University of the West of England, Bristol. Candy's research focusses on chronic pain management, and she and her fellow FNF Chairs presented a popular and insightful masterclass on the topic at the Annual Conference in February 2017.



Q. How would you explain your current role?

A. I work across three different, but interlinked organisations. I work at the Royal National Hospital for Rheumatic Diseases, Bath, part of the Royal United Hospitals NHS Foundation Trust. The other three days are spent as an academic at the University of the West of England, Bristol. My research is focused on the mechanisms and management of chronic pain. As an FNF Chair I also promote nursing excellence and clinical academic careers.

Q. What are the big challenges that nursing still has to address?

A. To have belief in ourselves as a talented, highly educated and able workforce who are often the ideal profession to lead organisations, and spearhead change. With the increasing healthcare challenges associated with an ageing population I think nurses should lead the new service delivery models we will need to adopt, in order to provide complex care with limited resources. However, we will need to remain robust in our support of the principles of nursing so as to ensure quality of care and excellent patient experience remain at the core of these new initiatives.

Q. What are you most looking forward to in your role in the future?

A. To see the impact on patient care, and health service delivery from my current research projects. The timeline between data collection and patient impact is notoriously long in clinical research. Having worked as a clinical academic for over 15 years, I am now just starting to see my early research cited in clinical

guidelines and directly used in international clinical practice.

Q. In what way will your role best affect nursing and healthcare?

A. The delivery and conduct of high quality patient care, and excellent clinical research requires a confident and well-educated nursing workforce. As a nurse leader, both within the FNF and my clinical academic practice, I am passionate about supporting junior nursing colleagues to ensure they have a fulfilling and satisfying career. I believe if staff feel supported and encouraged then they are free to think creatively for themselves, which leads to greater confidence and job satisfaction.

Q. What to you defines a good nurse and why?

A. Nurses have to have a wealth of skills and knowledge to deliver excellent care but they also need to be critical thinkers, so they can apply that knowledge and skill appropriately in different and new situations. However, above all they need empathy, and the confidence to be an advocate for the person in their care (patient, relative, colleague or student), to ensure that person receives the care/support/resources they require. This means a nurse has to be a team player whilst also being prepared to act as a leader.

The Florence Nightingale Foundation Chairs are a joint clinical academic role designed to improve patient care and outcomes through developing research capacity and capability in others.

Read their bimonthly updates on our Chairs' Blog, 'Nightingale Notes' :

www.fnightingalenotes.wordpress.com

Valerie Freestone

Travel Scholar

2017/18 Travel Scholarship Deadline: 21/07/2017



Valerie Freestone is a specialist clinical dementia nurse at Cambridge University Hospitals NHS Trust. She splits her time there between the memory clinic and supporting staff, training and strategic direction across the acute hospital. Valerie also developed an autonomous nurse-led clinic that maintains contact, monitors and supports patients and carers during their journey with dementia. In 2016, she completed an FNF Travel scholarship funded by the RCN Foundation.

My Travel Scholarship took me to the other side of the world. Prior to receiving this scholarship and traveling to Australia, the last time I left the UK was for my honeymoon, which was 23 years earlier!

I was encouraged to apply for a travel scholarship by a friend and fellow travel scholar who said she felt very enthusiastic about the entire experience. After talking to one of my managers about my intention to apply, I felt that visiting Australia would be a viable option. I currently work at Cambridge University Hospitals NHS Trust as a specialist clinical dementia nurse and I felt there was more I could do to improve my nurse-led clinic. Upon searching the literature, I found very little specific to memory clinics until I came across some evidence from a group from Hobart, Tasmania. Although I had not then left the UK for 23 years, I decided to make contact with a couple of people who were named on the papers. Professor Christine Stirling and Nurse Practitioner Hazel Bucher were both delighted by, and supportive in, my desire to visit.

Following a successful scholarship application process, I found myself booked on a flight to Australia in February 2016. Initially I had applied only to visit Australia and in particular Tasmania to learn more about research carried out into nurse-led clinics. However, it seemed a waste of an opportunity not to gain a better understanding of dementia care within acute hospitals at the same time, and so I chose to look at the care and support of people living with dementia within secondary care services in five cities in Australia: Adelaide, Hobart (Tasmania), Sydney, Brisbane and Melbourne. Nine flights and three weeks later, I had completed the first bit of my scholarship and had the experience of a lifetime. Now there remained just a report to be written and a conference to present at!

The scholarship helped develop my nurse led clinic into something that feels more appropriate to my beliefs in a strength-based, person-centred approach to dementia care. Now, when I speak out for patients in our memory clinic meetings, I know that my ideas are supported by like-minded colleagues across the world. It helped me develop international links with people with whom I hope to work in the future.

The scholarship has also had a direct, unexpected, impact on my career: I met a fellow scholar who explained that she had moved from practice to education at her local university, which allowed her to continue with her PhD in a more structured way and provided more time for study. Inspired, I began looking at local universities and I start my new job in May this year where, following completion of a teaching and learning in higher education course, I will begin my doctorate.

“Jump in and embrace the opportunity, you won’t regret it!”

To anyone thinking of undertaking a scholarship - just jump in and embrace the opportunity, you won’t regret it! What I learnt during my experience was that people want to meet you and share their experiences. Be brave, step out of your comfort zone, travel as far as you need to meet the important people in your field and allow the experience to change your life as it has mine.



Proud to have presented at #FNF17 and chuffed to see I looked quite professional @FNightingaleF



April Brown

Leadership Scholar

2017/18 Leadership Scholarship Deadline: 11/09/2017



Dr April Brown was a 2015/16 Leadership Scholar, sponsored by CNO England. April is currently a senior clinical lead for NHS Improvement, Midlands and East. She works with three ambulance trusts for the region and three Trusts in special measures. Working with Trust executive teams, she helps to sustain quality improvements such as board development. Here she introduces herself, shares why she applied, and describes her experience as a Leadership Scholar.



My then manager, Professor Maggie Boyd, Clinical Quality Director for NHS Improvement, encouraged me to apply for the scholarship because she recognised that the scholarship would unlock my full leadership potential. Professor Boyd is a former Florence Nightingale Scholar herself and I was pleased to hear about the wonderful experience she had with the organisation. In addition to Professor Boyd's praise, I had also recognised that since completing my doctorate, I had not undertaken any significant leadership development for some time and had become more senior so the Scholarship was a great opportunity.

The Scholarship helped me to develop beyond my expectations. The leadership workshops and assessments taught me about the drivers for my behaviours, the importance of being open, moving away from rigidity, trying different modes

“The leadership workshops and assessments taught me about the drivers for my behaviours, the importance of being open...”

of communication, developing other staff, and the value of organisational development.

I also had the opportunity to spend a week with Charleen Tachibana, who is the Senior Vice President and Chief Nursing Officer of the Virginia Mason Hospital in Seattle, Washington, and who was very generous with her time. The Foundation and Virginia Mason Hospital designed a programme specifically to address my aims and objectives for growth. It provided me with insight into how the Virginia Mason Production System was lived each day. For example, I learned more about Virginia Mason's Respect for People document and how the hospital studies the concept of 'What does it feel like to be respected?'. This hospital had a very different culture to hospitals in the U.K., but the board members of Virginia Mason acknowledge that real and sustained change takes time and investment. This seemed to clash with the often 'quick-fire' culture and politicised context that we see in the NHS. It was astounding to learn about a different work culture and climate.

After engaging with all of these fascinating and unique leadership opportunities, I certainly feel more equipped to address and work with all leadership situations and contexts. Whether undertaking a coaching style; understanding the characteristics of failing organisations; knowing when *not* to act and when to call it, and being comfortable with these decisions; improving communication and the value of organisational development — I know I can handle these situations!

Buckingham Palace: Dr April Brown, Professor Elizabeth Robb OBE, and FNF Chairman Bryan Sanderson CBE attended a reception to recognise the work of the charities with which HRH Princess Alexandra, FNF Royal Patron, is affiliated. The Queen hosted the reception which was attended by representatives from over 100 charities in the United Kingdom.



Natasha Duke

Research Scholar

2017/18 Research Scholarship Deadline: 18/05/2017



Natasha Duke completed a Research Scholarship funded by The Band Trust in 2016. Natasha is an independent prescriber and Advanced Nurse Practitioner with 11 years' experience in primary care. An ANP in a GP Surgery, she also sits on the Appeal Board for the Prescribing Medicines Code of Practice Authority (PMCPA). She sits on the Health Sciences Faculty Ethics Research Committee at the University of Southampton, and has just been appointed to the Fitness to Practice Board of the NMC.

My Research Scholarship opened doors for me. I believe my appointment as an Appeal Board member to the PMCPA, and more recently to the Nursing and Midwifery Council's Fitness to Practice Panel may have been influenced by my distinguishment as an FNF scholar.

Receiving an FNF Research Scholarship allowed me to undertake a part-time Doctorate in Clinical Practice (DClinP). Specifically, I am conducting qualitative research regarding patients' self-management of diabetes. I have a passion for patient self-empowerment, and it is great to be part of an organization that shares those values. As a nurse practitioner specialising in the care of patients with diabetes, my aim is to improve diabetic patient care and outcomes. I started my doctorate because of conversations I had with patients who had terrible diabetes control. I felt instinctively that as clinicians we must be missing something – not asking the right questions or understanding the patient's perspective. I asked these patients what was most important to them and gave them meaning in life; some patients revealed that their spiritual beliefs were important – an answer I was not expecting! I found there was no British research about how the spirituality of people with type 2 diabetes (T2D) could affect their self-management behaviours for diabetes. I decided to research it myself.

Without the generous support of The Band Trust via FNF, I would have struggled to continue my doctorate. It funded the third year of a part-time DClinP, and paid for training in a specific methods course - the Biographical Narrative Interpretive Method (BNIM). This method is a unique style of interviewing that puts the patient (rather than the interviewer) in charge of the interview process, and yields rich, deep and detailed narratives, which are perfect for understanding patients' experience of living with diabetes. When I finish my research and publish the results, I will be adding to the knowledge base for diabetes health professionals to better understand our patients' needs. This new knowledge should help clinicians to consider other aspects of a patient's life that may affect their condition and thereby reduce potential complications of diabetes. Since winning the award, I have completed and published a literature review (Duke & Wigley

2016) to show clinicians there is evidence demonstrating that patients' spirituality influences their diabetic self-management. I have also published two other articles: a review of a diabetes study by Gharaibeh et al (Duke 2016), and a piece on clinical nursing leadership (Duke 2015).

Doing a clinical doctorate part-time while working can make one feel isolated at times, a very small fish in a very big ocean. It made a huge difference to me to know I have the backing of the Foundation, I feel as though it is cheering me on from the sidelines! At times, when things are tough, it makes a big difference to know I am a Florence scholar.

References

- Duke, N., 2015. *Clinical Leadership and Organisational Governance in Primary Care. Primary Health Care, 25(9), pp.34-39.*
- Duke, N., 2016. *Review of Gharaibeh et al (2016) The relationships among depression, self-care agency, self-efficacy and diabetes self-care management. Journal of Research in Nursing, 21(2), pp.123-124.*
- Duke, N. & Wigley, W., 2016. *Literature review: The self-management of diet, exercise and medicine adherence of people with type 2 diabetes is influenced by their spiritual beliefs. Journal of Diabetes Nursing, 20(5), pp.184-190.*

“Without the generous support of The Band Trust via FNF, I would have struggled to continue my doctorate.”

Scholars' Research

To find Natasha's research, search for "The self-management of diet, exercise and medicine adherence of people with type 2 diabetes is influenced by their spiritual beliefs" in the *Journal of Diabetes Nursing Volume 20*.

By searching our Scholars' Reports Database on our website, you can read all abstracts of Florence Nightingale Foundation Scholars' Reports from 2003 to the present year, including Natasha's. Copies of the full reports are available at a charge of £3.50 to cover postage, please call the office for further information. If you would like to contribute to the next issue of the Magazine, please do get in touch with us at the office or at alumni@florence-nightingale-foundation.org.uk.

Alumni Involvement: Social Media



FlorenceNightingaleF
@FNightingaleF

Followers
5,940

Following
1,331

Tweets
3,813

We always love to hear from all of our wonderful scholars and alumni! Follow us on Twitter, Facebook and Instagram to keep up with all the latest Foundation news and to maintain your [#FloNetworks](#).

Check out what scholars have been tweeting recently, and to look back on the Annual Conference, just search [#FNF17](#).



Jacky Vincent
@jackyvincent3 23 March
Day 3 of the FNF scholarship module. Another impactful and inspiring experience with great people @FNightingaleF



Clare Cable
@ClareCable 6 Feb
[#fnf17](#) reflecting on inspiring day with @AbiMasterson @FNightingaleF & fab fellow scholars ... change starts with me



Brian Boag
@bboag 6 Feb
Inspiring talk from previous leadership Theresa Murphy leaves us all wanting more @FNightingaleF



Dr Joan Myers OBE
@joan_myers 3 Feb
[@RMayNurseDir](#) & [@JaneMCummings](#) [#FNF17](#) great place to network @FNightingaleF



Joanna Poole
@joanna_poole 26 April
An amazing residential with fabulous fellow Florence Scholars @FNightingaleF @AmyUren1 @jamietcargill1 @sparky2409791



Vanessa Heaslip
@HeaslipVanessa 16 April
Making memories and learning loads on my travel scholarship; new contacts, new friends @DeniseWilsonAUT @FNightingaleF @Nursing_BU @hss_bu



Anne Cooper
@Anniecoops 9 April
One of the best things, most learning, most fun, that done as [#nurse](#) was @FNightingaleF scholarship. Could be you too! <http://www.florence-nightingale-foundation.org.uk/content/page/33/>



Angela Colosi
@AngelaColosi 1 Feb
Thank you Senior Exec Program @Ashridge_Biz. Inspirational end to Scholarship year. Also @FNightingaleF @HE_KSS @ESHTNHS for the opportunity

Continuing the Legacy and Joining the Alumni Association



Alumni Association Membership

The Florence Nightingale Foundation Alumni Association aims to encourage the continued involvement of scholars once they have completed their scholarships. The Association allows members to continue to be connected with excellence as they progress through their careers, remain engaged with the Foundation and fellow scholars, and build on their work while remaining part of a wider learning community.

The Alumni Association provides an opportunity for scholars to connect with each other and connect with the work of the Foundation through regional events and private online forums. Membership is just £25 per year.

If you have benefited from a scholarship and would like to join the Alumni Association please email:
alumni@florence-nightingale-foundation.org.uk.

We would love to hear your thoughts on this issue of our Alumni Magazine and would welcome any ideas you have for future articles and features, as well as for the Association in general.

Contributions to the magazine from alumni are always welcome, so if you would like to get involved, please contact us.

Donations, legacies or sponsorships

Donations, legacies and sponsorships make a great difference to the achievements of the Foundation's aims and objectives. As a charity, we rely on raising funds to continue our work, so if you want to help us achieve this goal then please do get in touch.

Sponsorships

We always welcome new sponsors and partnerships. If you would like to offer funding to support our scholarships or become a funding partner, please contact us using the details below.

Donations and legacies

If you feel able to assist with the valuable work of the foundation, details of how to donate can be found on our website at www.florence-nightingale-foundation.org.uk or you can donate to the foundation by:

- Cheque - please post to our office and make payable to "The Florence Nightingale Foundation" and also enclose your name and address.
- Donation and Gift Aid envelopes - are available on request

Contact us

The Florence Nightingale Foundation
34 Grosvenor Gardens
London
SW1W 0DH

0207 730 3030

admin@florence-nightingale-foundation.org.uk





The Florence Nightingale Foundation

34 Grosvenor Gardens London SW1W 0DH

Tel: +44 (0)20 7730 3030

Email: admin@florence-nightingale-foundation.org.uk

Website: www.florence-nightingale-foundation.org.uk



[@FNightingaleF](https://twitter.com/FNightingaleF)



[The Florence Nightingale Foundation](https://www.facebook.com/TheFlorenceNightingaleFoundation)



[@fnightingalef](https://www.instagram.com/fnightingalef)



fnightingalenotes.wordpress.com